



École AGNES DAVIDSON SCHOOL

November 2020

Dates to Remember

- 2 Student picture envelopes due to the office (last day)
- 2-15 Virtual Scholastic Book Fair
- 2-12 Remembrance Day and Veterans Week events
- 5 Picture Retakes
- 9 Kindergarten Interviews (Mme Mills)
- 9 Kindergarten Interviews (Mrs. Baker, Mme Mills, Mme Mooney)
- 11 No School, Remembrance Day
- 19 Rock Your Mocs (wear moccasins or a turquoise ribbon)
- 21 Indigo School Council Fundraiser at our local Chapters (1-5pm)

Dragon Days

Thank you Agnes Davidson families for your support. We raised a total of \$5735. Our students will certainly have the opportunity to engage in a variety of extra educational opportunities. Your generosity helps to make our school community an EXTRA SPECIAL place to be!

Mme Grover's Student Fundraiser

The Last Chance Cat Resort

Campaign Runs: Nov. 9th-27th

All interested families may bring in cat food, cat litter, cat toys, cat beds, and monetary donations into the school. Students will then collect donations and all items and funds will be directly given to the Last Chance Cat Resort.

Thank you to Carys, Cameron, Taya, Lexie, Mirabel, Rosalie, Emma and Zoey for organizing the event!

Scholastic French and English

VIRTUAL Book Fair

November 2-15th

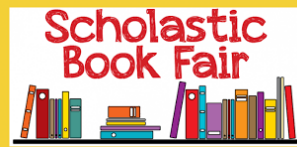
Books, Craft Kits, Diaries, Specialty Pens, Erasers, Gadgets and more!!!

All items shipped directly to your home!

November 4th, from 6.00 -8.00 pm MST is Family Night

Every item purchased online ships for FREE!

Click [HERE](#) to start shopping!!!



Kindergarten Interviews

Kindergarten Interviews Nov. 9th and 10th

Tues/Thurs Kinders Interviews November 10th

Angel Tree Campaign

Please visit one of the many drop off locations across the city to support this local campaign. You can also click [HERE](#) to find out more!



Winter Weather

With the snow and colder temperatures, it is very important that students are dressed for the weather. We will continue our start of day procedures with students lining up outside and being invited in, one class at a time, at bell time. Please ensure your child is using the correct door at the start of the day. Students will continue to go outside to play for recess. If the temperature drops below



-20C, we will invite the students into the school first thing in the morning and then have an indoor recess. Nonetheless, students should be equipped with a warm coat, boots, hats, mittens, and even snow pants. We continue to remain a closed campus. Please practice

with your child putting on and taking off these winter clothing items for the younger students.



École AGNES DAVIDSON SCHOOL

November 2020

Aggie's Brew Cupper's Coffee and Tea has worked closely with School Council to create our own exclusive blend of coffee called Aggie's Brew.

Freshly Roasted medium/dark blend with notes of dark chocolate, stone fruit sweetness and almond.



Whole bean or choice of 8 different grind types! \$20 per pound.

Rancilio Espresso , Home Espresso , Bialetti , Keurig , Drip/Pour Over , French Press , Turkish , Whole Bean

Please note: You can purchase multiple bags but must be added to your cart by grind type separately. Our special Agnes Davidson coffee will make wonderful gifts for yourself, family and friends.

Orders will be processed every month through out the year. Cut off is the 2nd Thursday, delivery will be the 3rd Thursday of every month. Orders will be sent home with your child.

We are perfecting Aggie's Brew and look forward to a stronger blend in November!



Parking

A friendly reminder that the North Alley is a **No Parking Zone**. Please be advised that the City of Lethbridge does patrol the alley and ticket as necessary. Please help us to keep the alley clear for our community neighbors and the safety of our students.

Kindergarten Fundraiser

The Pie Store, Sunrise Berry Farms

Make supper a snap with these delicious, hearty meal options!

Saskatoon, peach, apple and cherry fruit pies available

Steak and mushroom, chicken pot pie, cheese burger, shepherds meat pies available!

Apple and Saskatoon crisps available!!!

Pies are ready for purchase on School Cash online. Thank you for supporting our Kindergarten program!

Order your fruit, meat and crisps by
November 11th!






School Fees

Grade 1-5 Agenda Fees are now overdue. Please go to School Cash Online and pay your fees.

School
F E E S



November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 French and English Virtual Scholastic Book Fair November 2-15 Remembrance Day and Veterans Week	3	4	5 Picture Re-takes 	6	7
8	9 Kinder Interviews (Mme Mills) Remembrance Day and Veterans Week	10 Kinder Interviews (Mrs. Baker, Mme Mills, Mme Mooney) Evening Kinder Interviews offered (Mrs. Baker, Mme Mills, Mme Mooney)	11 Remembrance Day No School 	12 Virtual Student Remembrance Day Assembly 	13	14
15	16	17	18	19 Rock Your Mocs or Wear a Turquoise Ribbon	20	21 <i>Indigo School Council Fund- raiser</i> <i>1-5 PM at Chapters</i>
22	23	24	25	26	27	28
29	30	31				

THE LOOP

OCTOBER 2020



MHCBS Wellness Team



Hello, Lethbridge School Division!

Welcome to the first edition of THE LOOP! Our school and community partners provide ongoing supports and services to our families. The purpose of this newsletter is to share what supports are available in our wonderful city! THE LOOP will provide you with snapshots of professional development opportunities, community partner updates, child and youth community activities and referral information.

We hope THE LOOP helps you to stay informed.

Stay Connected!



SCHOOLGUIDE

Download the latest reminders, news, events and emergency alerts for your child's school.

Community LINKS

Your source of community, health, social and government services and programs in Southern Alberta.

Virtual Professional Development

The **Connections Project** is a positive mental health initiative to support staff and students. In collaboration and under the leadership of Dr. Jody Carrington. The project has focused on building a common understanding around attachment theory, emotional regulation and relationship building.



[CLICK HERE](#)

Community Partner Support Highlights



[CLICK HERE](#)



Boys & Girls Club of Lethbridge & District

[CLICK HERE](#)



[CLICK HERE](#)



[CLICK HERE](#)

Need Support?





The Lethbridge Public Library is excited to announce that they will be offering no fee library cards for the remainder of 2020.

[CLICK HERE](#)



Attention students in Grade 12...

Please be aware of the recent changes to the Lethbridge School Division's Counselling Model. Career Practitioners are no longer a part of high school counselling teams.

Please visit our Division's Career Services Page for updated information about.

- career planning and preparation
- scholarships (watch for deadlines)
- events
- University Virtual Open Houses and Tours
 - U of Calgary October 21, 2020 4:00-5:00



[CLICK HERE](#)
Career Services Page



Check out our growing website full of mental health resources and activities. for home and school.

<https://www.mhcblethsd.com>
[f @supportingfamilywellness](#)

[CLICK HERE](#)

Attention Teachers



[CLICK HERE](#)

Join Christina Harvey for a Free 30 minute 'Lunch and Learn' Registration Deadline: Monday September 29, 2020




FOR TEACHERS: Christina will take you through the 'Top 3 Resources' that Alberta Health Services personnel turn to when their support for assistance is requested. Christina Harvey, the session facilitator is all too familiar with the stressors our children are facing and is looking forward to spending this time with you. Follow the link to register.

THE EMBODIMENT CONFERENCE
14th - 25th October 2020, Online

Come home to your body.

Free access to world-class teachers, practical tools for times of turmoil, and a supportive global community

FAMILY RESOURCE NETWORK - LAUNCH EVENT
PLEASE JOIN US & MEET SERVICE PROVIDERS WORKING TOGETHER TO OFFER INCLUSIVE AND ACCESSIBLE FAMILY SERVICES

THURSDAY OCTOBER 8 2020

3-6 pm
Meet us at the Southern Alberta Ethnic Association for an afternoon filled with family fun, information, door prizes, and snacks!

SAVE THE DATE

This event is in compliance with Alberta Health



Sign up for the Lethbridge Family Service News Letter to stay up to date on supports and groups.

For more information, contact LFS Counselling Intake:

403-327-5724

CounsellingIntake@LFSFamily.ca

[CLICK HERE](#)

FREE FAMILY EVENT

**Games, prizes, community partners,
take home activities and more!**



National Child Day

NOVEMBER 20 • 2-6PM

EXHIBITION PARK - WEST PAVILION

Limited capacity. Free registration at lethbridgeearlyyears.ca or call (403)715-4585 for more info. Limited drop in spaces available.

Wear Blue

on Friday, November 20th to show your support for children's rights!

As per the City of Lethbridge Bylaw, a face covering must be worn at all times while in an indoor public place.



Head Lice

What Are Head Lice?

Head lice, or the medical condition known as pediculosis, are a pesky problem that anyone can have at some point in their life. Most often infestations occur in children 3 to 11 years of age.

Head lice are not dangerous and they do not spread disease but they can and do spread from person to person. Having dirty hair does not cause head lice.

Head lice cannot fly or jump and you cannot get them from your pets.

While they may be **found anywhere on the head**, they prefer to live on the scalp along the neckline and behind the ears. When lice bite the scalp they cause itching.

How Do I Know If My Child Has Head Lice?

Children may say they have a tickling feeling on their head or may be very itchy on their scalp.

It can take up to 4-6 weeks for a person to experience itching.

The only way to be sure a person has an active case of lice is to find live lice.

Lice are not easy to see and can be hard to find. They are about the size of a sesame seed. They are usually greyish white or brown.

Nits are small, oval and blend into the color of the hair. Each nit is firmly attached to a hair. They cannot be washed out or flicked off like dandruff. Finding nits does not mean the individual has a current infestation and they should not be treated based on finding nits.



Head louse



Louse egg (nit) on hair

How Do I Check for Lice?

Detection combing is the recommended method to check for head lice.

Detection combing is an organized examination of the hair, from the scalp outwards, to find head lice. Finding lice by parting the hair and looking at the scalp is not particularly efficient and likely to miss many infestations

Please see Head-Lice-Detection Combing handout

For a demonstration on detection combing:
www.youtube.com/watch?v=je-cWdTrhFQ

Can My Child Attend School?

When parents discover that their child has head lice it is in everyone's best interest for the lice to be treated before the child continues with regular activities

Things to remember.....

- Head lice do not spread disease
- Children can have head lice for several weeks with no symptoms.
- The presence of nits indicates a past infestation that may not be currently active
- Cases of head lice are often misdiagnosed

How can you prevent the spread of head lice?

Teach your children how head lice are spread (by direct contact with the head of someone with an infestation) and to avoid this kind of activity.

Teach your children not to share brushes, combs or head gear such as hats, bandanas, etc.

It is also a good idea to braid or tie back long hair.

Check your child's head for live lice once a week all year long.

What is the Treatment for Head Lice?

- Health Canada recommends treatment with a topical insecticide (pyrethrins, permethrin 1% or lindane) or a non-insecticidal product called Resultz® (for use in individuals 4 years of age and older). These products are available over the counter at drug stores.
- Tell the pharmacist if anyone needing treatment is pregnant, breastfeeding, under 6 years of age, has allergies or a serious health problem.
- **It is very important to read and follow the package directions carefully.** Some products recommend that there should not be Crème Rinse or Conditioner on the hair, as it may prevent the treatment from working
- Each product is different and has detailed directions for use. For example one product might say it should be put on dry hair while another should be put on wet hair. Each will say how long it should be left on the hair before rinsing out.
- Avoid unnecessary contact with the product since it can be absorbed through the skin.
- The treatment course for each of these products involves an initial application followed by a second application in 7 to 10 days as per the manufacturer's recommendations.
- Most approved treatments will kill the lice, but are not effective against the nits.
- A second treatment in 7 to 10 days will kill the lice that have hatched since the first treatment before they are mature enough to lay new eggs.
- Check the heads of anyone who was treated daily for 3 weeks after the first treatment
- The presence of nits indicates a past infestation that may not be active.
- Public Health does recommend removal of nits within 1 ½ inches of the scalp to ease in identification of re-infestation
- If live lice are found on the head 24 to 48 hours after the treatment, contact your pharmacist or public health nurse for advice.
- **DO NOT treat unless you are sure that you have found a living, moving louse**

Do Other Treatments Work?

Many home recipes and products sold in stores are based on mixtures of essential oils (eucalyptus, lavender, tea tree, etc), salts or other natural substances. Some people have used oils like mayonnaise, olive oil and Vaseline or hair gels to try to smother lice.

Public Health does not recommend any of these products as there is no proof that they work.

I Keep Treating My Child But He/She Keeps Getting Head Lice. Why?

The following are several common reasons why treatment for head lice may fail:

- Applying the treatment to hair that has been washed with conditioning shampoo or rinsed with hair conditioner
- Insufficient application of pediculicide (the treatment)
- Re-infestation
- Resistance of the head lice to the treatment used
- Lack of removal of live nits that are within 1 ½ inch (3.81 cm) of scalp
- Misdiagnosis: Children can scratch for 2 or more weeks after treatment or other objects in the hair (dandruff or hair spray droplets etc) can be misidentified as lice

What Cleaning Needs To Be Done?

Lice cannot live for more than 2-3 days away from the scalp so excessive cleaning is not necessary.

Choose the best method to clean the following items (washing in hot water for 15 minutes or running through a drier on the hottest setting):

- All personal hair care items such as combs, barrettes, etc. Repeat this daily until the lice are gone.
- Items that have been in prolonged or intimate contact with the child's head (bedding, hats, etc.) at the time of first treatment.

Items that cannot be washed should be placed in a sealed plastic bag for two weeks, or placed in the freezer for 48 hours at -10° C. (to prevent any eggs from hatching)

There is no need to vacuum or wash floors, carpets or furniture. Do not use household sprays or lice sprays. They do not work and may be harmful to people.

**For more information contact:
your local Public Health Office
or your Physician
or Health Link Alberta 1-866-408-5465**



October 21, 2020

Dear Parents, Guardians and Students,

RE: Procedures for School Bus Transportation during Covid-19

HEALTH AND SAFETY ARE OUR 1ST PRIORITY IMPORTANT REMINDERS:

To assist AHS in contact tracing (COVID-19), the following safety procedures must be followed:

- All students must clean their hands (wash with soap and water/sanitize) before they leave home to take the bus, when they leave school prior to taking the bus.
- **Mandatory Face Mask required**
- Assigned seating unless the driver instructs otherwise, Family members to sit together **EXTREMELY IMPORTANT TO SIT IN DESIGNATED SEAT**
- Daily attendance, **student to confirm first name and last name as they board**
- Follow Driver's instructions
- School Buses are cleaned/sanitized after a.m. and p.m. routes with an approved cleaning product as per AHS

It is the primary responsibility of the driver to transport student safely to and from school.

The City of Lethbridge, Lethbridge Transit would like to thank everyone for their support and cooperation as we apply these safety measures to keep our students as safe as possible during this pandemic.

Lethbridge Transit
619 4th Avenue North, Lethbridge, Alberta T1H 0K4
311
lethbridge.ca/transit
schoolbus@lethbridge.ca