

École AGNES DAVIDSON SCHOOL

October, 2018

Dates to Remember

Oct 1-12	Dragon Days Donation Drive
Oct 1	Orange Shirt Day
Oct 4	LOTG—Subway
Oct 8	No School—Fall Break
Oct 9	No School—PL Assessment Day
Oct 16	School Council, 7pm
Oct 18	No Kindergarten all day
	No classes in the afternoon for Gr. 1-5, PL Day
Oct 19	No classes, PL Day
Oct 31	Halloween Activities in the afternoon

School Council

It was great to see so many new and returning faces at the first council meeting of this school year! If you weren't able to make it to the first meeting, please feel welcome to join us anytime throughout the year!

Our School Council Executive for 2018/19.

Chair - Allison Pike Vice Chair - Crystal Neufeld-Ogunyemi Secretary - Donna Whitton Treasurer - Colleen Mackey

Our **school council meetings** will take place at 7:00pm in the conference room on the following dates...

Tuesday, October 16 Tuesday, November 20 Tuesday, December 18 Tuesday, January 15 Thursday, February 12 Tuesday, March 12 Tuesday, April 9 Tuesday, May 14 Tuesday, June 11

We look forward to another exciting year at École Agnes Davidson School!



Click on me for the online calendar of events.

School Fees

Fees for field trips and other such extra-curricular activities are now available to be paid through <u>School Cash Online</u>. If you have an account from previous years, you are set to go. If you are new to this system, you will need your child's ASN number which can be found on the student's last report card (from any school) or by calling the school office. Lethbridge School District schools are now cashless and therefore all payments must go through this site. Thank you for taking care of this as soon as possible



Violin

Last chance to sign up for Violin! Registration will end October 5th. Please go to School Cash On-line to pay the registration fee and sign up. Lessons will begin the week of October 15th. Year One will play on Thursdays and year two will play on Tuesdays.

Safety Patrol

Safety Patrol will start October 15th. The schedule will be handed out October 1st.



Dragon Days is a yearly fundraising event where 100% of all donations are DIRECTLY used to support the cost of EXTRA educational opportunities and enhancements for EVERY



- Help your child approach people you approve of to ask for a donation.
- Tax Receipts will only be available for donations of \$25.00 and above.
- Submit donations anytime between October 1st and October 12th
- ONLINE: Go to our school website at <u>www.ad.lethsd.ab.ca</u> and choose the "Donations" option under Quicklinks, located on the right hand side of our home page. You will be redirected to the School District 51 webpage. Once there, use the drop down menu next to Fund Destination and choose "Agnes Davidson Dragon Days Donation Drive". Tax receipts can be immediately printed using this option.

If you have questions, concerns or want to be involved, please contact:

École Agnes Davidson School at 403.328.5153 or email eadschoolcouncil@gmail.com



District urging drivers to help keep students safe around our schools



Lethbridge School District No. 51 would like to remind drivers that safety on the roadways surrounding our schools is of the utmost importance.

A number of issues have been identified in regards to unsafe driving habits near District schools, particularly at busy times of the day, when students are being dropped off for the beginning of school and picked up after the final bell.

Incidences of drivers parking in school bus loading zones and stopping in the middle of the road to drop off children have been reported.

The District would like to remind drivers of the dangers involved for students, particularly when they must cross a lane with oncoming traffic when they are unsafely dropped off in the middle of the street.

Lethbridge Transit and Lethbridge School District No. 51 are also reminding motorists the Lethbridge Police Service reserves the right to issue tickets to those who are parking within school bus loading zones.

Safety issues are also created when motorists block the school buses trying to enter the line-up near the loading zones, as the buses have nowhere safe to stop and load/unload our students. Some children run between the buses to their parents' cars, which is another extremely dangerous practice.

Parents are also reminded to not use their handheld device while driving. It is a \$287 fine and three demerits.

As for students, please use crosswalks and wait until the bus comes to a stop before approaching to board the bus.

Lunch-On-The-Go

School Council is excited to offer monthly Lunch On the Go (LOTG) to our students and staff.

The process for LOTG will work as follows:

Payments: Please register for School Cash Online and make all the payments for the LOTG meals online. School Cash Online sends a reminder, via email, to parents if your child has not ordered.

Refunds: No refunds will be provided for missed lunches. If your child is away on LOTG day, you will need to make arrangements to have the lunch picked up at lunchtime.

Vendor	LOTG date	Order Cut-off
Subway	October 4, 2018	September 20, 2018
Little Caesars	November 1, 2018	October 18, 2018
EDO	December 6, 2018	November 22, 2018
Taco Time	January 17, 2019	January 7, 2019
Booster Juice and Arbys	February 7, 2019	January 24, 2019
McDonalds	March 7, 2019	February 25, 2019
Taco in a Bag/College	April 4, 2019	March 21, 2019
Boston Pizza	May 9, 2019	April 29, 2019
M&M Meat Shops	June 11, 2019	May 27,2019

Making Connections

The Making Connections team has been busy these past few weeks. We started our year with the 6th annual *Ready, Set, Go* event on Aug 22 at Winston Churchill. This is the event that ensures all of our students are ready for the beginning of a new year with the essential supplies and backpack they need. This year we supported over 1300 students. The Fall Clothing Exchange will be held at Galbraith Elementary School on Monday Oct. 22 from 4:00 – 7:00. If you have any clean, gently used clothing for any age, babies, children, teens, women's and men's you would like to donate, you can drop them off at Park Meadows or Agnes Davidson schools and I will take them to Galbraith. Thank you in advance for your donations. If anyone is interested in volunteering to set up for the clothing exchange, please contact me at 403-892-0336. We put the clothes onto tables labeled with the appropriate size on Friday Oct 19 starting at 9:00. We are usually finished by noon. All volunteers can take clothes they see that day instead of waiting until Monday; refreshments will be provided.



I am not alone in saying that I was blown away on Music Monday last year by how well our school comes together to make music. To continue that momentum, I have decided to enter our entire school into the CBC Music Class Challenge. Here is what the CBC has to say about their annual competition:

"Every fall, CBC Music in association with MusiCounts — the charity of the Juno Awards — launches a contest to engage music classes across the country with Canadian music. It's called The Canadian Music Class Challenge.

There are three goals to this project:

We want kids to learn Canadian music in the classroom.

We want to draw attention to the exceptional work music teachers are doing with children across the country.

We want to reinforce the importance of music in a well-rounded education."

As we all know, there is amazing music that happens in all corners of our building. The goal of entering in this competition is to take those bright moments of music and showcase them to the entire nation and share how amazing Agnes Davidson is! Students will perform an arrangement of three influential Canadian songs with the entire school and a small group of students providing accompaniment. All of this will be captured by a single-take video that will be submitted to the competition. Our school is unique in that they do an amazing job of making music as a whole, not just as small groups. I am thrilled to showcase Agnes Davidson on a national stage!

Look for further information to come home and feel free to look at the website <u>www.cbcmusic.ca/</u> <u>musicclass</u> for further information.

French Homework Club

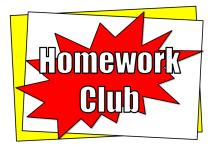
We are excited to announce that we will be offering a French Homework Club beginning the week of <u>October 15th</u>. The HC will be offered **Mondays (with Mme Krizan) and Wednesday (with Mme Chambers) after school, from 3:35 to 4:15 in room 1.**

There is no formal registration. <u>The Homework Club will work on a drop-in basis</u>. You may send your children any time they need help. *Please make sure you let them know in advance that they are to come*. (E.g.: leave a note in their agenda).

This club provides French Immersions students with extra help and time to do homework. Students have a chance to work with teachers who can provide one-on-one help (depending on the number of students in attendance each time.)

The HC does not provide homework or work. Student who attend must already have homework from their regular classroom teacher.

Please arrive promptly at 4:15 to pick up your child.





Healthy Children



5 Easy Tips to Get Rid of Lice

Lice! The word can send many parents into a panic. No one wants to get a call that their child has lice. Lice can happen to anyone, anytime. Rich or poor, clean or dirty, lice do not discriminate. The head louse is one of several types of lice, but it only infests the scalp. The head louse is not known to spread disease. Up to 10% of elementary school children may have lice. If a child has lice it can spread to other family members or close contacts. Head lice do not hop or fly. The lice spread by contact with the hair of a person who has lice.

So what do you do if your child has lice?

- 1. Try not to panic.
- Treat only those with lice. Talk to a pharmacist for the most

current and effective treatment.

- Wash bedding and clothing, especially head gear and scarves in hot water. Drying on a hot cycle will help but is not necessary.
- Soak combs and brushes in hot water approximately 55 degrees Celsius.
- Do not use sprays to treat the house. They can be toxic.

Finding lice does not mean that your child gets time off school. Your child can go home at the end of the day and still return the next day after treatment.

For more information about head lice and treatment, visit https://www.albertahealthservices. ca/assets/info/school/if-sch-shhead-lice-and-how-to-treatthem.pdf

October 2018 Parent Newsletter

Articles

5 Easy Tips to Get Rid of Lice

Food in the Media

World Mental Health Day

October 10th is World Mental Health Day. You can use this day as an opportunity to check in with your child and see how they are doing. Asking every day questions can help such as: "How was your day?" or "What was the most challenging thing you did today?"

To learn more about mental health, visit http://www.sickkidscmh.ca/ ABC/Parent-Resource/Welcome



To find an electronic copy of this newsletter visit www.ahs.ca/csh

Healthy Children

October 2018 Parent Newsletter

Food in the Media

Has your child ever asked for food because they saw it advertised? If so, you're not alone. Ads can influence children's food requests and eating habits. Making food and drinks appeal to kids is a multibillion dollar industry. The problem is, 90% of foods advertised to kids are high in sugar, salt and fat.

Food and drink ads are in television commercials, magazines, videos on social media, games on websites and cell phone apps. For example, kids see over 2.5 million food and drink ads per year on their favourite websites alone!

What can parents do?

Teach media literacy: Talk with your child about the ways that companies advertise foods to them. Around 10 years old, children can understand the intent of ads.

Limit screen time: Decrease the time that your child sees ads by limiting screen time. Ideas for other activities include crafts, dress-up, playing outside or reading.



Parents and children can eat the same foods: Products marketed as "kid food" are often high in fat, sugar or salt. For example, fruit flavoured gummies are usually high in sugar and contain little-to-no fruit.

Support schools and recreation centres that are trying to avoid food ads: Tell them you support their efforts to make healthy changes. Work with others to keep your community free from this advertising. For more information, visit the Raising Healthy Kids media literacy channel: https://vimeo.com/channels/rohkfo odliteracy



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Dragon Days Do- nation Drive Be- gins Orange Shirt Day Yoga Club 12pm, Music Rm	2 Year 2 Violin 12:20pm Handbells, Year 2 3:30-4:30pm	3 Sr. Choir 12pm, Jr. Choir 12:20pm Handbells, year 1 3:30-4:45pm Home Alone (1) 3:30-5pm, LC	4 LOTG—Subway Year 1 Violin 12pm	5	6
7	8 No School Thanksgiving	9 No School PL Assessment Day	10 <i>Sr. Choir</i> 12pm, <i>Jr. Choir</i> 12:20pm <i>Handbells, year 1</i> 3:30-4:45pm <i>Home Alone (1)</i> 3:30-5pm, LC	11 Year 1 Violin 12pm	12 Dragon Days Do- nation Drive Ends	13
14	15 Yoga Club 12pm, Music Rm Crochet Club 12pm, LC Home Alone (2) 3:30-5pm, LC Homework Club 3:35-4:15, Rm 1	16 Year 2 Violin 12:20pm Handbells, Year 2 3:30-4:30pm School Council 7pm, Rm 1	17 Sr. Choir 12pm, Jr. Choir 12:20pm Handbells, year 1 3:30-4:45pm Homework Club 3:35-4:15, Rm 1	18 No Kindergarten No School in the afternoon PL afternoon	19 No School PL morning	20
21	22 Yoga Club 12pm, Music Rm Crochet Club 12pm, LC Home Alone (2) 3:30-5pm, LC Homework Club 3:35-4:15, Rm 1	23 Year 2 Violin 12:20pm Handbells, Year 2 3:30-4:30pm	24 <i>Sr. Choir</i> 12pm, <i>Jr. Choir</i> 12:20pm <i>Handbells, year 1</i> 3:30-4:45pm <i>Homework Club</i> 3:35-4:15, <i>Rm 1</i>	25 Year 1 Violin 12pm	26	27
28	29 Yoga Club 12pm, Music Rm Crochet Club 12pm, LC Homework Club 3:35-4:15, Rm 1	30 Year 2 Violin 12:20pm Handbells, Year 2 3:30-4:30pm	31 Halloween Activi- ties in the after- noon Sr. Choir 12pm, Jr. Choir 12:20pm Handbells, year 1 3:30-4:45pm	Happy		