



# École AGNES DAVIDSON SCHOOL

June, 2019



Click on me for the on-line calendar of events.

## Dates to Remember

- 5 Safety Patrol Year End, 9:30-1:20
- 5 Gratitude Assembly, 2:30pm. Gr. 4 French to host
- 8 Aggie Show and Shine, noon to 3pm
- 11 Aggie Days
- 11 LOTG, M&M BBQ
- 11 Superhero Day
- 11 School Council, 7pm
- 13 Welcome to Kindergarten, 5:30-6:30
- 26 Last day of Kindergarten
- 27 Grade 5 Farewell Assembly, 8:45am
- 27 Year End Slide Show Assembly, 10:30am
- 27 Last day of School, noon dismissal

## School Council Annual General Meeting

The school Council Annual General Meeting will be held on Tuesday, September 10th at 7:00pm at Agnes Davidson School. The AGM will include the election of School Council Executives and an overview of any plans for the coming year. All parents and guardians are welcome and encouraged to be part of the School Council. Please visit the webpage for more information on School Council.

**AGM**  
Annual General Meeting

First day of school for the 2019-2020 school year is Tuesday, September 3<sup>rd</sup>.

## Aggie Days

Aggie Days are coming to Agnes Davidson on Tuesday, June 11<sup>th</sup>! During this fun filled day, students will head outside to show some school spirit and sharpen their saws with classmates and staff. The Aggie Days Organizing Committee, including our amazing School Council and staff members, have prepared a whole slate of exciting and challenging activities for the students. Please ensure your child has a hat, sunscreen, and a water bottle that day. It's going to be such a great time! Lastly, for those who ordered, remember is is also a LOTG date.



We will be in need of parent volunteers to help us with this event. If you are able to help, please email Mrs. Leggat, terra.leggat@lethsd.ab.ca. All parents and guardians are welcome to the event!

## Report Cards

Report cards will not be issued earlier than dismissal on June 27<sup>th</sup>. If a student is absent from school that day, the report card will be mailed home. Thanks for your understanding with this matter.

## Canadian Blood Services – Art Showcase

Agnes Davidson Elementary School is showcasing artwork created by the children in Mrs. Walker's class, at Canadian Blood Services in honor of Canada Day from June 18-July 20. You are invited to view the art during regular donor centre hours. Tuesday and Wednesday 330pm-730pm, and Thursday, Friday, Saturday 930am-130pm.



Summer is a challenging time at Canadian Blood Services. While the number of donations typically declines during the summer, the demand for blood and blood products remains constant.

Canadian Blood Services needs over 2400 more donors to book appointments at the Lethbridge donor centre this summer to keep up with hospital demand. We are located at #220, 200 4 Ave South in Melcor Centre.

Please call **1888 2Donate** (1 888 236 6283), visit **www.blood.ca**, or download the app: **GiveBlood** to book your lifesaving appointment TODAY!

## **Class Lists/First Day of School**

A welcome goes out to all the students new to École Agnes Davidson School in the fall of 2019 as well as those returning students. Here is some information that may be helpful for families.

The school year begins on Tuesday, September 3<sup>rd</sup> at 8:30am. Class lists will be posted in the school gym that morning.

Once school begins, students may be dropped off at the playground anytime after 8:15am, as outside supervision is provided at that time. At the 8:25am bell, students will make their way to their classrooms with start time being 8:30am. Parents, you are welcome to join your children for the initial entry to his/her classroom, but following that, we will be carrying on with our regular school day.

The school day for students ends at 3:33 pm. For the first couple of days, you are welcome to accompany your child to and from his/her class. Once your child has settled into the routine, we would like all parents to wait in the boot rooms or outside to pick up their child, as this makes it easier to finish our day without disruption.

If your child takes the bus, please be ready for his/her arrival at the nearest bus stop to your home. Bus route maps will be available on-line a few days before school starts. We hope this information assists with the transition. Any changes to your child's regular transportation plan need to be communicated to the teacher. Please



## **Learning Commons**

It is JUNE! We would like to thank everyone for their wonderful support of our BOGO Scholastic book fair. We were able to purchase many new books in French and English thanks to our friends and families of our school. Our last week for book exchange is June 10th to 14th. We ask that you send back all books by that date.

We are also pleased to announce that there we will be helping with a Glow in the Dark event being held from June 3-6th during your child's book buddy time. We discovered that fun colours like white, teal, aqua, peach and orange really glow under black lights.

Finally, a huge thank you to our students and their families who help make the learning commons a fun and vibrant part of Ecole Agnes Davidson! Thank you so much and see you in Fall!!

Mrs. Masuk

## School Supplies 2019-2020

We are pleased to offer two options again this year.

- 1) A grade level list for local purchase.
- 2) An online or manual list for School Start due June 21st.

**Please visit our website for your child's supply list.**

From the homepage, go the parent section and then choose

« Supply Lists » from the menu on the left. (<http://ad.lethsd.ab.ca/view.php?action=documents&id=447>)



# Inaugural Aggie Show & Shine Saturday June 8<sup>th</sup>

Prizes for **Top 3** in each category: Ford, GM/Chevrolet, Chrysler, Other (imports, etc), Motorcycle and Kids Choice award.

Lots of prizes and categories. Please register at the school, registration forms also available online at <http://ad.lethsd.ab.ca/>.

## Aggie's Show and Shine 2019

Aggie's first ever Show and Shine will be on Saturday, June 8<sup>th</sup> at École Agnes Davidson School. We are very excited to have you register for Aggie's Show & Shine 2019. Registration is \$10 per vehicle to offset costs for prizes. We have **Top 3 prizes in each** of the following categories: GM/Chevrolet, Ford, Chrysler, Other (imports, etc...), Motorcycle and Kids Choice. Please fill out the registration form found on the school website if you are interested in submitting a vehicle. Registration Form found [here](#). Visit the cars on the school grounds between noon and 3pm.





### 5 Reasons Why You Should Always Be Yourself

1. Because you will live in alignment with your values and beliefs.
2. Because you will establish your own identity. No matter what happens in life, you will always know who you are.
3. Because you will build courage. Being yourself takes courage and inner strength. No matter what comes your way, you will know how to handle it.
4. Because you will establish boundaries. You will know what your limits are and the boundaries that you have set for yourself.
5. Because you will find focus and direction. You will be less likely to conform to others and you will be able to stay focused on the goals you want to accomplish.

***No matter what you experience in life, the only person that will always remain***

# All About... **CONSENT**

## **What does it mean to give consent?**

To give permission.

To say "yes" or "no."

To be allowed to do something.

## **What does consent sound like?**

"I'll allow that."

"Yaaaassss!"

"Okay!"

"Of course!"

"Yes"

"Sure!"

"Yes please!"

**It must sound positive and enthusiastic.**

## **When do we need to ask for consent?**

Touching another person

Borrowing things

Giving hugs

Kissing

## **What if...**

You really want a hug but the other person doesn't?

The person let you hug them yesterday, but they don't want a hug today?

**Then it's NOT CONSENT!**

## **What can you say if you do not give consent?**

"I don't want to." "No!" "I don't like that."

"Maybe another time." "No thank you."

"I don't really feel like it right now."

Elizabeth Kleinrock

## Are you talking to your child about the concept of consent? Here are some simple tips/ways to engage in this important conversation...

(Excerpts from: <https://www.tolerance.org/magazine/how-my-thirdgraders-and-i-address-consent>)

As children enter into elementary school, one of the first social-emotional topics covered is the importance of keeping our hands and feet to ourselves and respecting others' personal space. In early years, teachers redirect students to use their words to express themselves when having strong feelings, rather than using physical actions to get what they want. In these conversations and lessons, educators are already teaching the foundations of consent, and recognize that it is crucial to assign language to the concept of asking permission before touching anyone else's body...

We talk about safe physical interactions that occur daily in the classroom and outside at recess, and how to communicate our personal boundaries with those around us. We begin by defining the word *consent* and breaking it down into its simplest form: *consent is about giving permission to someone for something*. We then move on to the ways in which we can ask for and give consent, before talking about what to do if someone does not respect our consent.

### It's never too early... and it's never too late!

Talking about consent can start at any time...and it's never too late to begin the conversation.

As early as age one, we can begin teaching kids that "no" and "stop" are important words and should be honoured by children and adults. We can teach even very young children that they have a right to have their "no" and "yes" respected too.

The more we talk about consent, the more normal it will become, so talking openly and respectfully with friends and partners will become second nature.

For some useful guidelines on this important topic, [check out the infographic that follows](#), or read one of the recommended books in the titles below:

Here are a few useful books for discussing consent with elementary students:

- *My Body! What I Say Goes!* by Jayneen Sanders, illustrated by Anna Hancock
- *Miles Is the Boss of His Body* by Samantha Kurtzman-Counter and Abbie Schiller, illustrated by Valentina Ventimiglia
- *Personal Space Camp* by Julia Cook, illustrated by Carrie Hartman





## CALLING ALL PARTICIPANTS

# JULY 3-6 2019

**3/5/10 KM Run**

**Archery**

**Athletics**

**Badminton**

**Ball Hockey**

**Baseball**

**Beach volleyball**

**3 on 3 basketball**

**Bowling 5 pin**

**Canoeing**

**Cycling**

**Cribbage**

**Darts**

**Equestrian**

**Golf**

**Hand Gun**

**Mini Soccer**

**Obstacle Course Race**

**Photography**

**Pickleball**

**Quilting**

**Soccer**

**Small Bore**

**Strength and Conditioning**

**Swimming**

**Tennis**

**Trapshooting**

### REGIONAL REGISTRATION DATES:

Registration closes June 11th at 5pm!

### REGIONAL DIRECTOR CONTACT:

Jordan Calladine  
City of Lethbridge Regional Director  
2nd Floor - Nicholas Sheran Ice Centre  
jordan@lethbridgesportcouncil.ca  
403-320-9371  
www.lethbridgesportcouncil.ca/sasg

# Healthy Children

June 2019 Parent Newsletter



## Tobacco in the Media

Understanding media and its influence is an important skill for your child. Studies have shown that youth who have good media literacy are less likely to use substances that are advertised, such as tobacco or e-cigarettes.

Although we have come a long way with advertising of tobacco products, smoking is still very present in movies. There is no restriction on smoking in movies that are rated for children and teens. This presents challenges, but also a great opportunity for building media literacy.

When smoking is shown on-screen, pause the movie or point it out. Later, have a discussion with your child. Ask questions such as: Why was there smoking

shown? Did it add to the storyline? Who do you think decided to add it to the movie? Try to encourage your child to think critically about who is influencing the presence of smoking in movies, and why they might want to show that specifically to young people.

Helping your child build the skill of questioning media can help them in areas other than avoiding smoking—it can encourage critical thinking in all areas of influence in their life!

➤ **To learn more, or for support in quitting tobacco, visit [www.albertaquits.ca](http://www.albertaquits.ca) or call 1-866-710-QUIT (7848)**

## Articles

Tobacco in the Media

Play is the Work of Childhood

Skin cancer is largely preventable, with about 82% of melanomas linked to factors we can change. Exposure to ultraviolet radiation (UVR) is the main cause of skin cancer but other harmful effects include sunburn, premature skin aging, and eye damage. Choose sun-safety strategies that work: a broad spectrum, water-resistant sunscreen with an SPF of 30 or higher, use shade, clothing, a hat with a wide brim, and sunglasses. For more information visit <http://albertapreventscancer.ca/reduce-your-risk/limit-uv-rays/>



To find an electronic copy of this newsletter visit [www.ahs.ca/csh](http://www.ahs.ca/csh)



## Play is the Work of Childhood

Fred ("Mister") Rodgers is often quoted for saying "play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood." It is during playful learning that children's emotional, social, physical, language and cognitive development prospers. Not only does play create real learning opportunities, children also love to play! Below are a few suggestions to help your child learn through both free and guided play.

**Free Play** is an unstructured, voluntary, child-led activity that allows children to develop their imaginations while exploring the world around them.

- Pretend and role play - when kids have the chance to role play they get to 'practice' the social skills needed later in life.
- Get into nature – nature is full of wonder, and there are many things to explore and learn about through



observation. Plus, when kids are outside they move more!


- Let them be bored – when children are bored long enough, they will eventually (maybe after some complaining) connect with their curiosities and guide their own play.
- Guided Play** is play that children lead but adults support. The child is the leader and adults help to reinforce the experience through props and by interacting in ways that build on the child's interest and learning.
- Ask questions – when your child is working through a

task (e.g. building a tower) they will look to you for answers. Rather than give them the answer, ask another question in return (e.g. which way is the tower leaning?).

- Follow their lead – children are naturally curious, let your child lead the exploration. Look up questions you don't know the answer to and share in the learning process.
- Schedule in unstructured time – family schedules are packed these days, so you might have to plan some unstructured time to provide your kids the benefits of learning through play.



# June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <b>Crochet/Knitting Club</b> , 12pm, Rm 17	4 	5 <b>Safety Parton Year End</b> , 9:30-1:20 <b>Crochet/Knitting</b> , 12pm <b>Gratitude Assembly</b> , 2:30	6	7	8 <b>Aggie Show and Shine</b> 12pm-3pm 
9	10 <b>Crochet/Knitting Club</b> , 12pm, Rm 17	11 <b>Aggie Days LOTG, M&amp;M BBQ</b> <b>Superhero Day School Council</b> , 7pm	12 <b>Crochet/Knitting</b> , 12pm	13 <b>Violin Pizza Party</b> 12pm <b>Welcome to Kindergarten</b> , 5:30-6:30 	14 <b>Last Day of Safety Patrol</b>	15
16 <b>Fathers' Day</b>	17 <b>Crochet/Knitting Club</b> , 12pm, Rm 17 	18	19 <b>Crochet/Knitting</b> , 12pm	20	21 	22
23 30	24 <b>Crochet/Knitting Club</b> , 12pm, Rm 17	25 <b>Violin Year 2</b> 12:25pm	26 <b>Last Day of Kindergarten</b> <b>Crochet/Knitting</b> , 12pm 	27 <b>Grade 5 Farewell Assembly</b> , 8:45 <b>Year End Slide Show Assembly</b> , 10:30 <b>Last Day of School</b> , noon dismissal <u><b>See you on Tuesday, September 3</b></u>	28 	29