

# The Leader In Me

École Agnes Davidson School is proud to announce that we have become a Leader In Me school! Stephen R. Covey created a book titled 7 Habits of Highly Successful People (geared for adults) and later expanded this idea into The Leader In Me, which uses the 7 Habits in child friendly language. The goal of the 7 Habits is to help children become independent, responsible leaders in their own way. By implementing The Leader In Me habits and strategies, each child is able to succeed and lead using their own unique talents and strengths.

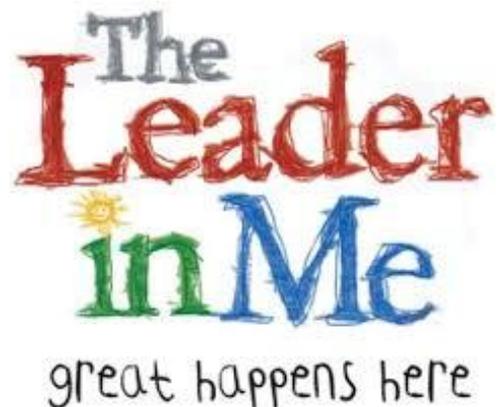
Leader In Me schools have begun popping up all over the globe! There are schools in The United States, Australia, Argentina, and Brazil...just to name a few! To see a map of all the Leader In Me schools please visit [www.theleaderinme.org](http://www.theleaderinme.org).

We will be offering parent information nights where one habit will be the focus. The goal is to use the 7 habits at school and at home.

Each information night begins at 7:00 pm and is located at our school.

## Parent Information Night Dates:

- Habit 1: Monday October 6<sup>th</sup>
- Habit 2: Tuesday November 4<sup>th</sup>
- Habit 3: Wednesday January 7<sup>th</sup>
- Habit 4: Monday March 2<sup>nd</sup>
- Habit 5: Tuesday March 31<sup>st</sup>
- Habit 6: Wednesday May 6<sup>th</sup>
- Habit 7: Monday June 15<sup>th</sup>



For the month of October we will be focusing on Habit 1: **Be Proactive.**



“I am in charge of me.” This Habit is the key to moving dependence to personal reasonability. This means the child is in charge of their choices, the consequences of those choices, how they respond in every situation, and their personal belongings. Children are discovering the difference between being proactive and reactive. Do not feel the need to ‘water down’ these strategies for younger children. They can understand and often will surprise you how eager they are to take charge of some of their own life.

### Ways To Apply Habit 1 At Home:

Allow Choices: Give your children the independence to choose. For example, “Would you like to read or do a puzzle? Would you like the blue or yellow cup?”

Set Clear Expectations, Then Let Them Succeed: Set your child up for success by reviewing and clarifying. When you talk about cleaning their bedroom, tell them what a clean bedroom looks like and how it can be achieved. Should their toys be put away, what about making their bed? Make sure that your expectations are appropriate for your child’s skill level and therefore are achievable! If your child forgets the first few times, resist the urge to remind them, wait until the agreed upon completion time, and then ask if they forgot the agreement. Remind them at that time that they are in charge of their item/space and you are counting on them to take responsibility, be a good leader, and be proactive!

Let Them Be Center Stage for Their Own Life: Give your child a chance to talk and explore how they should respond to everyday situations – forgetting their homework, someone teases them, or they are expected to do something they don’t want to do.

### Words to Use:

- “Would you like \_\_\_\_\_ or \_\_\_\_\_? Good choice.”
- “Thank you for being proactive and putting your coat away.”
- “Did you remember to stop and think before you responded that way? What might have been a better way to respond?”

- “We agreed your room needed to be clean before you could go to your friend’s house. It does not look like what I picture a clean room to be. Were my expectations unclear?”
- “Tell me what you are thinking here.”